

DERRYLIN BOXING CLUB CONSTITUTION

1. DERRYLIN BOXING CLUB

The Derrylin Boxing Club will be affiliated to the IABA (Irish Amateur Boxing Association) and Ulster Boxing Council via the Tyrone & Fermanagh County Board and will adhere to all the rules and regulations directed by that association.

See: http://www.iaba.ie/Rule_Book/rule_book.html http://www.iaba.ie/Ethics_Code/ethics_code.html

2. AIMS AND OBJECTIVES

The aims and objectives of the club are:

- ✓ To offer coaching and competitive opportunities in boxing.
- ✓ To promote the club within the local community and within boxing.
- ✓ To manage the Boxing Gym located at Unit 3, 101 Main Street, Derrylin.
- ✓ To ensure a duty of care to all members of the club.
- ✓ To provide all its services in a way that is fair to everyone*.

* "Our mission is:

- *To provide opportunities to the children, young adults and adults in the community, regardless of gender, race, religion, ethnicity, orientation or socio-economic background, to participate in Boxing and Physical Training in a positive social and mentoring environment.*
- *To train members regardless of their ability to reach their potential and achieve their goals within the sport of boxing.*
- *To develop the self-esteem, self-discipline and social/interpersonal skills of our members, so they can incorporate these skills in a positive fashion into every aspect of their lives.*
- *To provide an outlet for adults (including over 35's) to participate in boxing training for keep-fit/health and recreational purposes.*
- *To develop the club to become the hub for bringing the community together and to develop championship level boxers that in turn become local sport stars and role models to inspire other youngsters in the community to reach their potential (sporting/artistic/educational or otherwise).*

Not For Profit

Derrylin Boxing club is self-funded and run purely for the benefit of the local community by dedicated volunteers and associates. The entire cost of running the club including rents, heating, maintenance of equipment, cost of travel to competitions etc is entirely borne by our own fund raising efforts and money generated from membership and subscriptions."

3. MEMBERSHIP

To ensure all present and future members receive fair and equal treatment. All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these regulations and codes of practice that the club has adopted (see section 12 for details of Club Rules and Regulations). Members will be enrolled annually in one of the following categories:

- ✓ Full Member.
- ✓ Associate Member.

✓ Honorary Member.

Full Member denotes a member that has paid their membership/subscription fees and is a carded boxer registered with the club.

Associate Member denotes a member that has paid their membership / subscription fees and is either a carded boxer registered with another club or a member that is only interested in training and not competitive boxing.

Honorary Member denotes a member that is exempt from paying membership due to exceptional contribution in serving the club (e.g. supporting the coaching / fundraising / development etc).

4. MEMBERSHIP FEES

Membership fees will be set annually and agreed by the Club Committee or determined at the Annual General Meeting.

5. OFFICERS OF THE CLUB

The officers of the club will be:

- ✓ President/Chair & Head Coach: Sean Crowley
- ✓ Vice President/Chair & Tutor: Donacha O’Cathain
- ✓ Club Treasurer: Aidan Kelly
- ✓ Child Protection Officer: Kathleen Malanaphy
- ✓ Club Secretary: Sarah Crowley

Officers will be elected annually at the Annual General Meeting. All officers will retire each second year but will be eligible for re-appointment

6. COMMITTEE

The club will be managed through the Management Committee consisting of:

- Sean Crowley (Club President/Head Coach)
- Donacha O’Cathain (Vice President/Chair)
- Paul Allen (Club Treasurer)
- Kathleen Malanaphy (Child Protection Officer)
- Sarah Crowley (Club Secretary)
- Tony Malanaphy (Club Volunteer)
- Sean McGovern (Club Volunteer)
- Aidan Kelly (Assistant Coach)

- ✓ Only these posts will have the right to vote at meetings of the Management Committee.
- ✓ The Management Committee will be convened by the Secretary of the club and held no less than two meetings per year.

- ✓ The quorum required for business to be agreed at Management Committee meetings will be: 3.
- ✓ The Management Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the club.
- ✓ The Management Committee will have powers to appoint sub-committees as necessary and appoint advisers to the Management Committee as necessary to fulfil its business.
- ✓ The Management Committee will be responsible for disciplinary hearings of members who infringe the club rules/regulations/constitution (as detailed in the membership pack). The Management Committee will be responsible for taking any action of suspension or discipline following such hearings.

7. FINANCE

All club monies will be banked in an account held in the name of the club. The Club President and Club Treasurer will be responsible for the finances of the club. The financial year of the club will end on: *30th June*.

An audited statement of annual accounts will be presented by the Treasurer at the Annual General Meeting.

Any cheques drawn against club funds should hold the signatures of the President and Vice President.

Any purchases except the costs of Medical Cards, Competition Fees or Affiliation must be approved by the Treasurer, Vice President or Club President and another Committee Member before proceeding.

For any expenditure over £200 (where practically possible), three quotes should be ascertained and approved by the Club President/Vice President or Treasurer and at least one other committee member.

8. ANNUAL GENERAL MEETINGS

Notice of Annual General Meetings will be given by the Club Secretary. Not less than 21 clear days notice to be given to all members.

The AGM will receive a report from officers of the Management Committee and a statement of the audited accounts.

Nominations for officers of the Management Committee will be sent to the Secretary prior to the AGM.

Elections of officers are to take place at the AGM.

All members have the right to vote at the AGM.

The quorum for AGMs will be 25% OF THE MEMBERSHIP over 18 present at the meeting.

The Management Committee has the right to call Extraordinary General Meetings (EGMs) outside the AGM. Procedures for EGMs will be the same as for the AGM.

9. DISCIPLINE AND APPEALS

All concerns, allegations or reports of poor practice/abuse relating to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the club's child protection policy and procedures. The club's Child Protection Officer is the lead contact for all members in the event of any child protection concerns.

All complaints regarding the behaviour of members should be presented and submitted in writing to the Child Protection Officer.

The Management Committee will meet to hear complaints within 2 days of a complaint being lodged. The committee has the power to take appropriate disciplinary action including the termination of membership.

The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 3 days of the hearing.

There will be the right of appeal to the Management Committee following disciplinary action being announced. The committee should consider the appeal within 10 days of the Secretary receiving the appeal.

In the event of arbitration being required the matter will be referred to the Tyrone and Fermanagh County Board for mediation and resolution. The decision of the Tyrone and County Board will be final.

10. DISSOLUTION

A resolution to dissolve the club can only be passed at an AGM or EGM through a majority vote of the membership. In the event of dissolution, any assets of the club that remain will become the property of the Tyrone and Fermanagh County Board.

11. AMENDMENTS TO THE CONSTITUTION

The constitution will only be changed through agreement by majority vote at an AGM or EGM.

12. CLUB RULES AND REGULATION

Derrylin Boxing Club is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Sean Crowley (Coach/Club President) or any other club official.

As a member of Derrylin Boxing Club, you are expected to abide by the following code of practice:

- ✓ All members must respect the rights, dignity and worth of all participants regardless of age, gender, orientation, ability, race, cultural background or religious beliefs. Any bullying of / abuse towards any other member or deliberate exclusion of any members will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ All members are ambassadors of the club and any anti social behaviour inside or outside the club or at competitions will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ Members are not allowed to smoke or consume alcohol or drugs of any kind on the club premises/surrounding areas or whilst representing the club. Failure to comply with this requirement will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ All members must respect the gym and equipment, and contribute towards the cleanliness and upkeep of the gym. The toilet must be kept clean at all times and all equipment used must be tidied away immediately after use and all personal bags or training equipment must be stored in a tidy and safe manner in the allocated area. Any littering or spitting or graffiti is completely prohibited either inside or outside the gym. Failure to abide by this rule will result disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ Members must keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late. If a member is more than five minutes late for a training session without giving prior warning they may be excluded from that session. Continued lateness or inconsistent attendance will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ Members must always wear suitable protective kit. For training this includes hand wraps and mouth guards (gum shields) and for sparring/competitions this also includes protective cups/groin guards and head guards. (For female boxers only - breast guards are also required.) Failure to abide by this rule will result disciplinary action or the cancellation of membership and expulsion from the club.

*Head guards will be provided for temporary use by the club but it's recommended that individuals purchase their own for hygiene purposes.

- ✓ Hydration policy. To encourage good hydration and to combat the hazardous affects of dehydration all members are required to bring a bottle of fresh drinking water to every training session (please bring

water only or Isotonic drinks). Energy drinks, minerals or fizzy drinks are prohibited during training but may be consumed on completion of each training session. Failure to comply with this requirement will result in disciplinary action or the cancellation of membership and expulsion from the club.

- ✓ Club priorities. The club is being run primarily for competitive boxers and therefore boxers that compete regularly may obtain some priority e.g. more one-to-one tuition in the weeks leading up to competition. All members are expected to understand and cooperate with this necessity without prejudice.
- ✓ All members must play within the rules and respect officials and their decisions. Our club policy is to always wholly accept the decision of ring officials at competitions without dispute or complaint even in the event where a member feels an injustice has occurred. All members are required to act with dignity and with sportsmanship regardless of results. Failure to comply with this requirement will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ The club will be run not for profit and any excess funds end of year will be automatically ploughed back into the club (e.g. equipment replaced or upgraded etc) or donated to charity. Where possible members should pay their annual membership fee and nightly/weekly subscription fees for training or competition fees on time or in advance.
- ✓ Fundraising. All members are required to support the club with its fundraising efforts. We anticipate running two fundraiser activities per year (e.g. bag packing at Asda etc) and members are expected to participate at least one of these events or where required to raise sponsorship.
- ✓ Attendance book. The club will keep a record of attendance; all members must sign in before each and every training session. Failure to comply with this requirement will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ Weight monitoring. Boxing is a sport that is operated by different weight categories and therefore weight needs to be constantly monitored to ensure that boxers' maintain their weight or reduce weight safely. Therefore, to ensure weight is being controlled correctly all competing members are subject to regular and random weight checks (these will usually be monthly but may increase to weekly when closer to competition dates). Failure to comply with this requirement will result in disciplinary action or the cancellation of membership and expulsion from the club.
- ✓ Competition selection. The final decision whether to enter a member into a local tournament or regional/national or international competition rest solely with the coaching team. For under 16's parents/carers will be consulted where appropriate and likewise the boxers' individual views will be given all due consideration. However, if the coaching team do not feel a boxer is ready to compete based upon technical ability, fitness or experience then members and parents/carers must accept the coach's final decision.
- ✓ Fair play. Boxing is a highly competitive sport and the rewards are immense. Top athletes can avail of government funding and international travel. Derrylin Boxing Club is committed to competing on equal terms and to the WADA (World Anti-doping Agency) code and therefore any members caught or suspected of using performance enhancing or prohibited substances will result in disciplinary action or the cancellation of membership and expulsion from the club.

13. CODE OF PRACTISE FOR COACHES AND VOLUTEERS

The essence of good ethical conduct and practice is summarised below.

All volunteers must:

- ✓ Consider the well-being and safety of participants before the development of performance.
- ✓ Develop an appropriate working relationship with participants, based on mutual trust and respect.
- ✓ Make sure all activities are appropriate to the age, ability and experience of those taking part.
- ✓ Promote the positive aspects of the sport (e.g. fair play).
- ✓ Display consistently high standards of behaviour and appearance.
- ✓ Follow all guidelines laid down by the National Governing Body and the club.
- ✓ Never exert undue influence over performers to obtain personal benefit or reward.
- ✓ Never condone rule violations, rough play or the use of prohibited substances.
- ✓ Encourage participants to value their performances and not just results.
- ✓ Encourage and guide participants to accept responsibility for their own performance and behaviour.

14. CODE OF PRACTISE FOR PARENTS/CARERS

All parents/carers:

- ✓ Encourage your child to learn the rules and play within them.
- ✓ Discourage unfair play and arguing with officials.
- ✓ Help your child to recognise good performance, not just results.
- ✓ Never force your child to take part in sport.
- ✓ Set a good example by recognising fair play and applauding good performances of all.
- ✓ Never punish or belittle a child for losing or making mistakes.
- ✓ Publicly accept officials' judgements.
- ✓ Support your child's involvement and help them to enjoy their sport.
- ✓ Use correct and proper language at all times.
- ✓ Encourage and guide performers to accept responsibility for their own performance and behaviour.

15. DATA PROTECTION POLICY

The names and addresses of members (inc children and guardians) are only gathered for the purpose of maintaining a record of those involved in the club and for registration with the IABA. Any member's individual's name and address will not be forwarded to a third party without the prior permission or for members under 16 not without their parent/carer's permission.

Records of contact information will be store for emergency contact purposes and in the event of a membership cancellation kept for up to a further 12 months. Details of members' results in competitions will be publicised and held indefinitely. Results data will be held to aid future competitions/match-making and for maintaining a record of the club's history.

Photo's of members may be taken and publish on the club's website, in club newsletters or used in promotional activity only where consent has been formally given on the Membership application pack. For members under 18 the parent/carers consent must be given.

16. CHILD PROTECTION POLICY

Derrylin Boxing Club is committed to the Ulster Provincial Boxing Council's – Code of Ethics regarding the welfare of children and young persons visit <http://www.ulsterboxing.com/child-protection> and <http://www.ulsterboxing.com/appendices-1-12/> for full details. Derrylin Boxing Club wholly accepts and adheres to this code of ethics and policies.

All coaches and club officials are subject to vetting by Access NI or the Garda Vetting service and are to vetted prior to the commencement of the new season or on joining the club.

All parents are welcome to observe training sessions or attend competitions and are encouraged to do so. But all parents and visitors must sign the attendance book when visiting (even when staying only temporarily).

Training sessions for Junior classes are to be supervised by a minimum of two adults, therefore in the event of two coaches or a coach and senior member (over 18) not being available a parents supervisor rota will be drawn up and operated to supervise these sessions.

When travelling to competitions with minors there must be two coaches or two adults present. In the absence of a second coach/senior member (over 18) or parent not being available the club will either travel with a neighbouring club or the competitor will have to make their own travel arrangements.

17. EQUALITY POLICY

- ✓ The club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- ✓ The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- ✓ All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- ✓ The club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.

18. DECLARATION

DERRYLIN BOXING CLUB hereby adopts and accepts this constitution as a current operating guide regulating the actions of members.

SIGNED:

DATE:

NAME: Sean Crowley

POSITION: Club President/Head Coach

SIGNED:

DATE:

NAME: Donacha O’Cathain

POSITION: Club Vice President/Chair & Boxing Tutor

SIGNED:

DATE:

NAME: Aidan Kelly

POSITION: Club Treasurer

SIGNED:

DATE:

NAME: Kathleen Malanaphy

POSITION: Child Protection Officer

SIGNED:

DATE:

NAME: Sarah Crowley

POSITION: Club Secretary